

Care and Use Guide

Cervical Collar



- You have been fit with a Cervical Collar.
- Following use, remove your orthosis and inspect your skin.
 - There may be some skin redness from pressure areas.
 - Redness should not persist for more than 15 minutes after removal.
 - Redness that does not disappear can be a sign of excess pressure.
- Also discontinue use if any sign of numbness, tingling, color change, excessive itching, swelling, or pain develops.
- Please contact our office for adjustments and do not reapply orthosis. Failure to do so could lead to blisters or open sores.
- This collar is designed to support and limit the motion of your spine.
- You should wear it 24 hours a day unless otherwise instructed.
- Washing of the orthosis should only be done with your doctor's authorization.
 - If it is approved, your neck must be immobilized during the procedure.
- Your orthosis lining can be cleaned with a washcloth and mild, soapy water.
- Make certain all soap residue is removed, and the orthosis is completely dry before reapplying.
- Make sure you are comfortable with how to properly put on and take off your orthosis.
 - Never attempt to modify your orthosis yourself.
- Please inspect your orthosis daily for any signs of wear including cracking, loose parts, or decreased effectiveness of the device and call the office as needed.
- A yearly checkup is recommended.